

MOTION FOR LIFE

TERMS AND CONDITIONS

CANCELLATION/RESCHEDULING APPOINTMENTS

A minimum of 24 hours' notice is required to reschedule or cancel an appointment. Please note that contacting us to cancel or reschedule after hours or on a Sunday does not form part of the required 24 hours' notice as the company is closed at that time (please see opening hours). **Failure to comply with the above terms will result in you being charged for your missed appointment.**

CONFIDENTIALITY

All client information is taken in the strictest confidence and will not be divulged to any third party without written consent of the client.

CONSENT

Any person under 16 years of age must be accompanied by a parent/legal guardian and must be in attendance for the duration of the appointment.

CONTRA INDICATIONS

Your therapist reserves the right to refuse or postpone treatments if they cannot proceed for medical reasons. If a client is aware of, or is receiving treatment for any medical conditions, particularly serious conditions such as deep vein thrombosis, heart conditions, has had or is prone to strokes, heart attacks or is receiving treatment for cancer in any form, consent from your medical practitioner is strongly advisable before proceeding with any form of sports therapy treatment. It is imperative that the sports therapist has been made aware of any medical condition that you are aware of before proceeding with treatment.

PAYMENT TERMS

Payment is due on the day at the end of the appointment. We accept cash or card payment.

INSURANCE

I am a fully insured BTEC Level 5 Sports & Remedial Therapist and Pilates REPs Level 3 Instructor through Balens Ltd.